

# 7 ways to save money by saving energy



Saving energy also reduces climate pollution and keeps our community and planet healthy.



In **winter**, put on a **jumper** and keep your heater thermostat to a maximum of **20°**. Every extra degree costs you more money.



In **summer**, use a **fan**. If you have to use a air conditioner, set your thermostat at **26°**. Every degree lower costs you more money.



Set your **fridge** at **4°** and **freezer** at **-18°**. Switch off your second fridge or freezer when not in use and save \$110 each year.



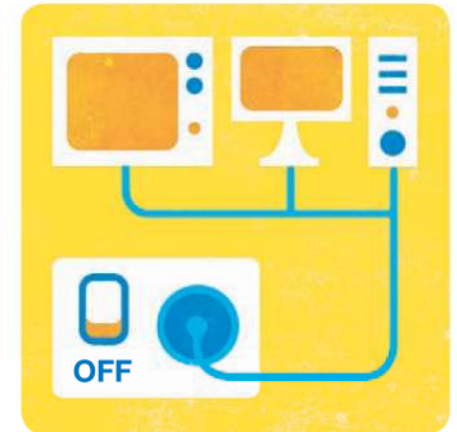
Wash your clothes in **cold water** and dry them on the **clothes line** to save \$150 each year.



Replace your showerhead with a **low flow showerhead** and save \$75 on water heating costs each year. Shorten your showers to **4 minutes** and save \$100 per year on water heating costs, in addition to water saving.

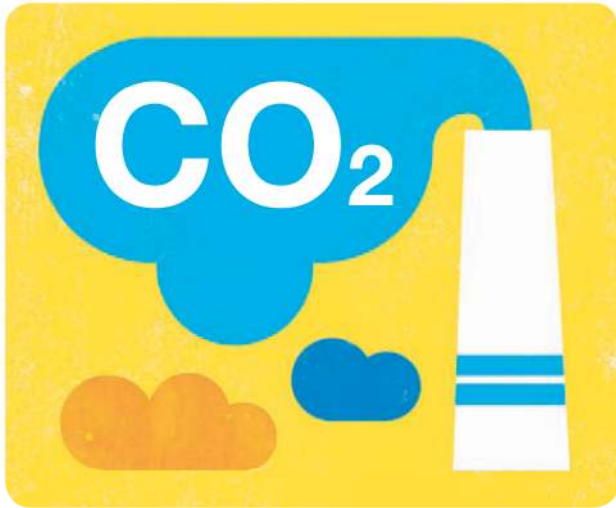


Close gaps around your windows and doors with weather-strips and **door-seals** to reduce heating and cooling costs. Use **lined curtains** and **pelmet**s to reduce air leaks. Save \$100 a year with these actions.



**Turn off** your TVs, DVD players, Video Game Consoles and Computers at the power point when not in use. Use **remote-control power switches** to turn off hard-to-reach switches.

## What is Climate Change?



Climate Change is long-term change in our weather. The primary cause of Climate Change is carbon pollution (sometimes called carbon emissions or CO<sub>2</sub>) from human activity. The burning of fuels to make electricity and drive vehicles creates pollution that contributes to Climate Change.

Trees absorb carbon pollution and help clean the air, so cutting down forests also contributes to Climate Change.

Climate Change could lead to extreme storms, more droughts, deadly heat waves and rising sea levels, which will lead to food and water shortages.

So, how are our household activities contributing to climate change?

(☁ = pollution)

Heating and Cooling	☁ ☁ ☁ ☁ ☁ ☁ ☁ ☁ ☁ ☁
Water Heating	☁ ☁ ☁
Appliances	☁
Fridges/Ovens	☁
Lighting	☁

## We can make a difference!

To stop Climate Change, we all need to reduce the amount of carbon pollution we produce. You can help by using your car less and saving electricity. Follow the 7 steps on the front of this poster to save electricity and money in your home.

### Love where you live?

If you live or work in Moreland join Zero Carbon Moreland for free and we will:

- help you measure your carbon pollution (sometimes called your carbon footprint)
- help you make a plan to reduce your carbon pollution and save even more electricity and money
- invite you to our community events
- give you special offers to save you money



## How could Climate Change affect us?



Hotter summers,  
colder winters



Higher food prices



More storms and floods



Higher electricity prices



Reduced water availability



Higher petrol prices

For details and more sustainability advice contact Moreland Energy Foundation on 9385 8585 or [mefl.com.au](http://mefl.com.au)



The 'In Common Language' project is supported by the Victorian Government, through Sustainability Victoria  
Note: \$\$\$ savings are estimates based on standard Victorian homes, as researched by MEFL